

Hush Foundation presents, **Gathering of Kindness**  
A healthcare event with a difference, making a difference

# Gathering of Kindness

## 2023 Program

Reframing  
quality  
and safety

Creative arts. Latest research. International experts. Your voice matters.

**Online - daily, Monday 13 - Friday 17 November**

The Gathering of Kindness is a Hush Foundation movement focused on bringing together all voices in healthcare to envision a kinder, safer and better healthcare system.

Hush is internationally renowned for its pioneering approach in combining the latest research with the creative arts (original music, theatre, literature, dance, audio-visual and narrative) to support professional learning and culture change.

#### **Join us to learn more about:**

- The art and science of kindness in enabling positive culture change, safety and wellbeing at work.
- The link between staff communication, well-being and satisfaction on improved quality and safety for patients and families.
- The power of the arts as a tool for supporting wellbeing and learning.



*“Fostering a culture of kindness enhances collaboration among team members. This leads to a reduction in errors, improved staff safety, wellbeing and retention and ultimately improves quality and safety for patients and their families. I use it and see it every day in my work.”*

Professor Catherine Crock AM, Physician and Founder of Hush Foundation and Gathering of Kindness

## Reframing Quality & Safety

Monday 13th November, 4.30 - 5.30pm

The significance of culture and behaviour on quality and safety have long been overlooked in healthcare. This is beginning to change. Learn more about the serious, overdue, life changing and life saving business of elevating kindness, humility and civility.

### Hosted by



**Dr Chris Turner,**  
Founder of Civility  
Saves Lives

### Featuring



**Dr Samir Heble,**  
Director of Psychiatry  
(Clinical Governance,  
Mental Health ETS),  
WA Country Health Service



**Duncan Brown,**  
Organisational change  
expert and father,  
whose son, Kuan, died  
from medical error in 2022



**Alicia Reid,**  
National Manager  
Operations, Care  
Opinion



**Michael Axtens,**  
Medical Educator,  
Deakin University

## Psychological Safety in Healthcare

Tuesday 14th November, 12.30 - 1.30pm

What does psychological safety look like and how can we get better at it as individuals, teams and organisations? Learn more about the latest research on what prevents health professionals from speaking up at work and the growing trend of healthcare organisations adopting a trauma informed lens and its impact on enhanced wellbeing, safety and outcomes for all in the system.

### Hosted by



**Dr Cheryl Martin,**  
Emergency Physician,  
host of the Mindful  
Medic Podcast



**Victoria Lister,**  
PhD Candidate, Junior  
doctor silence / voice



**Dr Simon Craig,**  
Obstetrician &  
Gynaecologist,  
founder of PosMed  
(Creating Positive Change in  
Medical and Healthcare Cultures)  
and Author: 'From Hurting to  
Healing'



**Dr Catherine Olweny,**  
Anaesthetist, Royal  
Children's Hospital,  
Melbourne

**& Duncan Brown** (see above)

## Words Matter

*The power and importance of story and language in healthcare.*

Wednesday 15th November, 8am - 9.30am

The Hush Foundation's Gathering of Kindness is all about re-writing the narrative of healthcare by upholding and supporting a vision of a kinder healthcare system for all. Join national and international clinicians, story-tellers and story-catchers in this creative and interactive session. Learn how we can enhance connection with purpose, meaning, joy and kindness in health, and in so doing, influence the broader healthcare story.

### Moderated by



**Sharee Johnson,**  
Author of 'The  
Thriving Doctor',  
Consultant and  
Coach (Coaching for Doctors)



**Sue Robins,**  
Canadian author,  
patient storyteller  
and healthcare  
reform advocate

**Alicia Reid & Dr Samir Heble**  
(see above)

## An Indigenous Yarn Up

When Health Equity strategies and actions become equity and kindness for all.

Thursday 16th November, 12.30 - 2pm

Make sure you carve out enough uninterrupted time to enter into Deep Listening inspired by Aboriginal wisdom. This will be a very special yarn up with Indigenous cultural and health leaders and advocates, and executive leaders from Metro North Health, Queensland. The team share stories about what kindness means and looks like in a cultural context, its impact, examples of kindness in practice and how Aboriginal perspectives can bring healing, safety, wellbeing and kindness for all.

### Hosted by



**Uncle Alan Parsons,**  
Bidjara Man, Health  
Advocate, QLD



**& Lucy Mayes,**  
Manager of  
Engagement, Hush  
Foundation, and

Author (Beyond the Stethoscope:  
Doctors' stories of reclaiming hope,  
heart and healing in medicine)

### Featuring



**Elwyn Henaway,**  
Cultural Connections  
Officer, Metro North  
Health, QLD



**Louise Oriti,**  
Executive Director,  
Royal Brisbane  
Women's Hospital,  
Metro North Health QLD



**Jackie Hansen,**  
Chief Executive Metro  
North Health, QLD



**Sherry Holzapfel,**  
Executive Director,  
Aboriginal and Torres  
Strait Islander Health,  
Metro North Health, QLD

## Dignity and Diversity

Friday 17th November, 8am - 9am

A story-telling session with voices representing those who are younger, older, living with mental illness, differently abled, patient and family.

### Hosted by



**Nicki Macklin,**  
PhD candidate,  
Kindness in Healthcare,  
Auckland University

### Featuring



**Gwenda (aka Pinky)  
Darling,** Palawa  
Woman, currently  
living with dementia



**Dr Gabby Matthews,**  
youth and patient  
advocate and junior  
doctor



**Maria Berry,**  
Elder Rights Advocate



**Arthur Demetriou,**  
young person living  
with cerebral palsy



**Stephen Mitchell,**  
Hush actor and father

*"I loved the Gathering of Kindness. It is so so important and overlooked as the most central part to providing good care and working well with those around you ... I have already started using my learnings in giving feedback to colleagues about recognising their kindness and the importance of its impact."*

Dr Emma West, Emergency Physician, Royal Melbourne Hospital

## Book now

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patients and the  
unwaged.



Learn more at [gatheringofkindness.org](https://gatheringofkindness.org)  
or email [info@hush.org.au](mailto:info@hush.org.au)