

Creative arts. Latest research. International experts. Your voice matters.

Online - daily, Monday 13 - Friday 17 November

The Gathering of Kindness is a Hush Foundation movement focused on bringing together all voices in healthcare to envision a kinder, safer and better healthcare system.

Hush is internationally renowned for its pioneering approach in combining the latest research with the creative arts (original music, theatre, literature, dance, audio-visual and narrative) to support professional learning and culture change.

Join us to learn more about:

- The art and science of kindness in enabling positive culture change, safety and wellbeing at work.
- The link between staff communication, well-being and satisfaction on improved quality and safety for patients and families.
- The power of the arts as a tool for supporting wellbeing and learning.





"Fostering a culture of kindness enhances collaboration among team members. This leads to a reduction in errors, improved staff safety, wellbeing and retention and ultimately improves quality and safety for patients and their families. I use it and see it every day in my work."

Professor Catherine Crock AM, Physician and Founder of Hush Foundation and Gathering of Kindness

1

Reframing Quality & Safety



Monday 13th November, 4.30 - 5.30pm

The significance of culture and behaviour on quality and safety have long been overlooked in healthcare. This is beginning to change. Learn more about the serious, overdue, life changing and life saving business of elevating kindness, humility and civility.

Hosted by



Dr Chris Turner, Founder of Civility Saves Lives







Dr Samir Heble, Director of Psychiatry (Clinical Governance, Mental Health ETS),

WA Country Health Service



Alicia Reid. National Manager Operations, Care Opinion



Duncan Brown,

Organisational change expert and father, whose son, Kuan, died

from medical error in 2022



Michael Axtens, Medical Educator.

Deakin University

Psychological Safety in Healthcare

Tuesday 14th November, 12.30 - 1.30pm

What does psychological safety look like and how can we get better at it as individuals, teams and organisations? Learn more about the latest research on what prevents health professionals from speaking up at work and the growing trend of healthcare organisations adopting a trauma informed lens and its impact on enhanced wellbeing, safety and outcomes for all in the system.

Hosted by



Dr Cheryl Martin, Emergency Physician, host of the Mindful Medic Podcast





Victoria Lister, PhD Candidate, Junior doctor silence / voice

Dr Catherine Olweny,

Anaesthetist, Royal

Children's Hospital,

Melbourne



Dr Simon Craig, Obstetrician & Gynaechologist, founder of PosMed

(Creating Positive Change in Medical and Healthcare Cultures) and Author: 'From Hurting to Healing'

& Duncan Brown (see above)

Words Matter

The power and importance of story and language in healthcare. Wednesday 15th November, 8am - 9.30am



The Hush Foundation's Gathering of Kindness is all about re-writing the narrative of healthcare by upholding and supporting a vision of a kinder healthcare system for all. Join national and international clinicians, story-tellers and story-catchers in this creative and interactive session. Learn how we can enhance connection with purpose, meaning, joy and kindness in health, and in so doing, influence the broader healthcare story.

Moderated by



Sharee Johnson, Author of 'The Thriving Doctor', Consultant and

Coach (Coaching for Doctors)





Sue Robins, Canadian author, patient storyteller and healthcare

reform advocate

Alicia Reid & Dr Samir Heble (see above)

An Indigenous Yarn Up

When Health Equity strategies and actions become equity and kindness for all. Thursday 16th November, 12.30 - 2pm

Make sure you carve out enough uninterrupted time to enter into Deep Listening inspired by Aboriginal wisdom. This will be a very special yarn up with Indigenous cultural and health leaders and advocates, and executive leaders from Metro North Health, Queensland. The team share stories about what kindness means and looks like in a cultural context, its impact, examples of kindness in practice and how Aboriginal perspectives can bring healing, safety, wellbeing and kindness for all.

Hosted by



Uncle Alan Parsons, Bidjara Man, Health Advocate, QLD



& Lucy Mayes, Manager of Engagement, Hush Foundation, and

Author (Beyond the Stethoscope: Doctors' stories of reclaiming hope, heart and healing in medicine)

Featuring





Health, QLD Louise Oriti, Executive Director, Royal Brisbane

Elwyn Henaway,

Cultural Connections

Officer, Metro North

Women's Hospital, Metro North Health QLD





Chief Executive Metro North Health, QLD



Sherry Holzapfel, Executive Director,

Aboriginal and Torres Strait Islander Health, Metro North Health, QLD

Dignity and Diversity

Friday 17th November, 8am - 9am

A story-telling session with voices representing those who are younger, older, living with mental illness, differently abled, patient and family.

Hosted by



Nicki Macklin. PhD candidate. Kindness in Healthcare, Auckland University



Gwenda (aka Pinky) Darling, Palawa Woman, currently living with dementia

Dr Gabby Matthews,

advocate and junior

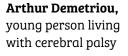
youth and patient

doctor



Elder Rights Advocate

Maria Berry,





Stephen Mitchell, Hush actor and father

"I loved the Gathering of Kindness. It is so so important and overlooked as the most central part to providing good care and working well with those around you ... I have already started using my learnings in giving feedback to colleagues about recognising their kindness and the importance of its impact."

Dr Emma West, Emergency Physician, Royal Melbourne Hospital



Discounts for organisational subscribers, bulk purchases, students, patients and the unwaged.



Learn more at gatheringofkindness.org or email info@hush.org.au