



**K**inship at its core

**I**nvestment in each other

**N**urture and develop, don't tear down

**D**o an act of kindness, help one person smile

**N**o act of kindness, however small, is ever wasted

**E**mpathy - walk in the shoes of another

**S**upport each other, support those we care for

**S**how someone you care