

November 7-11, 2022

# Gathering of Kindness Connections 2022

Lift your gaze from  
the daily grind.

Gather • Be Inspired • Reconnect



IN  
PERSON



LIVE STREAMED  
& ON DEMAND



LIVE  
Q&A

A gathering with a difference for healthcare workers, patients, carers and supporters. Join us as we explore creativity, change, collaboration and courage.

**hush**  
foundation

## EVENT HIGHLIGHTS

### ● THINK TANK

IN PERSON LIVE STREAM LIVE Q&A

#### Structural Kindness: the what, who and how

Bring your voice to this important round table conversation with healthcare leaders exploring the case for kindness; what is getting in the way of a kinder health system; and what can be done about it?



### ● KEYNOTES

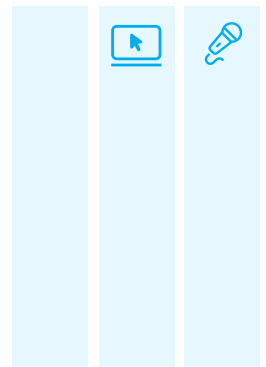
IN PERSON LIVE STREAM LIVE Q&A



#### A million acts of kindness in healthcare: Give an hour, get a lot more back

**Dr Hesham Abdalla & John Lodge, UK**

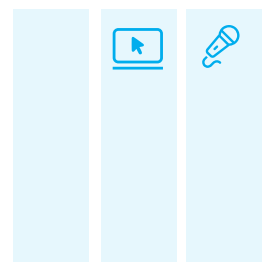
The story of [Hexitime](#): an online skills bank and time-share platform aiming to host 1 million acts of kindness in healthcare.



#### Giving Voice to Values

**Mary Gentile, USA**

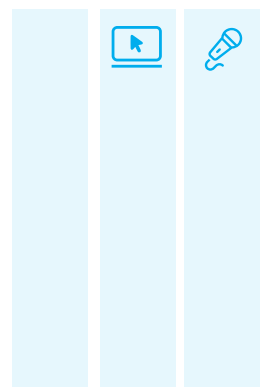
[Giving Voice to Values \(GVV\)](#) is an innovative approach to values-driven leadership development in business education and the workplace.



#### Hardwired? How our brain makes unconscious judgments and what we can do about it

**Marni Panas, Canada**

Are you biased? Well I am. And you are, too. We're all biased. This session explores how our brains form quick and often inaccurate, unconscious judgments and what we can do to become more aware.

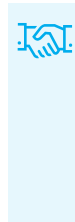




## The Case For Kindness

**Nicki Macklin**, PhD Candidate, University of Auckland, NZ

How do we define, realise, nurture and sustain intelligent kindness in healthcare, to support healthcare staff to flourish in our work and life.



### ● PRESENTATIONS

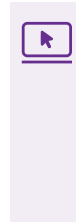
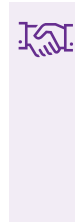
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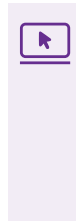
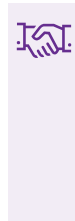
#### True Perspective: Leading and juggling in challenging times

Join executive coach, presenter and author, **Joe Hart** as he leads us all to become more authentic and empowered leaders in our own context.



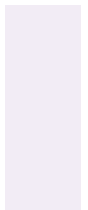
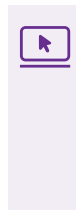
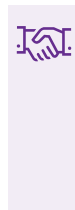
#### Kindness in Action – what does it look like and how can we do more?

Panel with stories of the impact when individuals, teams, organisations and whole sector leadership commit to kindness in action.



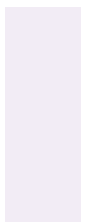
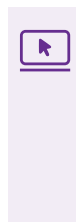
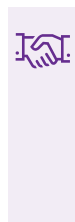
#### Humans at Work

Panel with featured authors, as listed below.



#### The physiology of stress: meditation, music and medicine

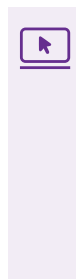
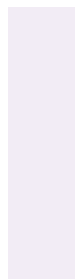
With cardiologist **Dr Arnagretta Hunter** and **Professor Kim Cunio**, Head of ANU School of Music.



#### Midd Staffs Scandal and Review: 10 years on - what has changed?

**Dr Chris Turner**

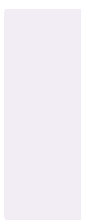
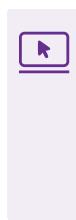
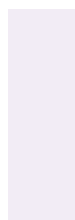
The aftermath and outcomes from the Mid Staffs Scandal, investigation and [report](#).



#### Walk a mile in my shoes – dignity with dementia

**Kimberley Littlemore**, [PocketMedic](#), Wales.

Using technology and film to support a life well lived with dementia.

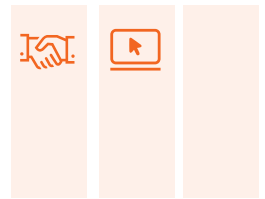


## ● LAUNCH OF THE GATHERING OF KINDNESS CANADA

IN PERSON LIVE STREAM LIVE Q&A

Hosted by healthcare communications experts Bird Communications and patient experience advocate and author **Sue Robins** ([Ducks in a Row: Healthcare Reimagined](#), [Birds Eye View: A Life Lived in Healthcare](#)), and featuring:

- Humanising healthcare with [Julia Gray](#), researcher, scholar, writer, and artist, with a focus on disability and aging inclusion;
- Nourish Leadership & Health Inclusion with [Amy Ma](#), patient advocate at large;
- [Lelainia Lloyd](#) - Podcast host, patient advocate, writer & wheelchair curler.

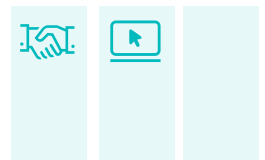


## ● AUTHORS

IN PERSON LIVE STREAM LIVE Q&A

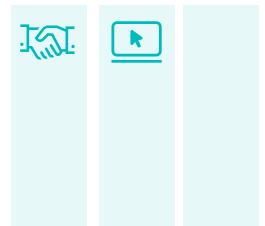
### Dr Ben Bravery

[The Patient Doctor](#), Hachette, 2022



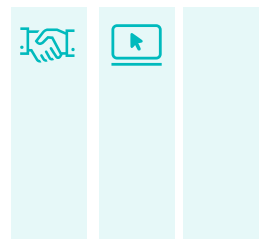
### Dr Neela Janakiraman

[The Registrar](#), Allen & Unwen, 2022



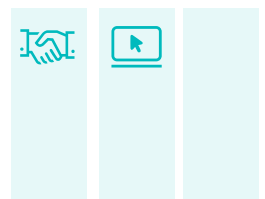
### Dr Hilton Koppe

One Curious Doctor; A memoir of medicine, migration and mortality, [Hambone Publishing](#), 2022



### Ed (Ayres) Le Brocq

[Whole Notes](#), Harper Collins, 2021

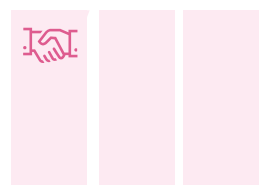


## ● WORKSHOPS

IN PERSON LIVE STREAM LIVE Q&A

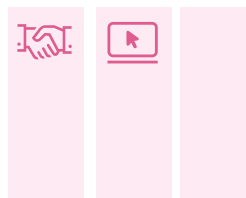
### Song Writing

With the team from The Lullaby Project.



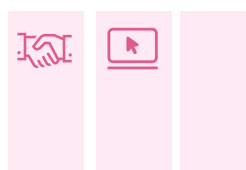
## Storytelling

With the team from [Care Opinion](#).



## Reflective Writing

With [Dr Hilton Koppe](#).



## Art

With [Aunty Rochelle Patten](#), a Yorta Yorta and Wemba Wemba woman and artist.



## A Narrative Initiative

With [Lucy Mayes](#)



## ● ART, THEATRE, DANCE AND MUSIC

IN PERSON   LIVE STREAM   LIVE Q&A

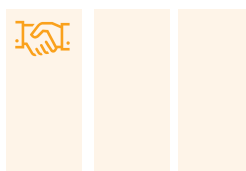
### Dance performance and workshop

With [Movement Zone](#)'s Silvertops Dance Crew (all ages, all abilities) featuring 'The Dancing Doctor' aka Dr Richard Mayes.



### Theatre performances

Hush Healthcare Play 'What Matters' (Cast List: Paul English, Juan Fernando Monge, Margot Knight, Vivian Nguyễn), and Enduring Witness by [Dr Hilton Koppe](#).



### Exhibition

Human - a Conversation between art & music, by Anjaq (Jaq Grantford & Andrew Batterham).



### Music

- 'Soft' Launch of HUSH Album 2022, Gratitudes by and with renowned classical guitar virtuoso Slava Grigoryan – an album of works written during the Pandemic specially for healthcare workers in gratitude for, and recognition of their work and dedication at this time.
- Performance from the Royal Melbourne Hospital's Scrub Choir.
- Performances of original Hush music by the Australian Youth Orchestra.



For more information and to book go to [gatheringofkindness.org/2022](https://gatheringofkindness.org/2022)

We would like to acknowledge with sincere thanks, our major event sponsor, [Naomi Milgrom Foundation](#) and Gold Partner, [St Vincent's Health Australia](#).