

# Gathering of Kindness 2020

JOIN US THIS WORLD KINDNESS DAY AS WE LAUNCH OUR FIRST EVER ONLINE SESSION SERIES!

To book: <https://events.humanitix.com/gathering-of-kindness-2020>

Featuring two outstanding international speakers and an expert panel delving into topics of the day, join us for a morning of interactive discussion and a touch of kindness and the arts!

## TICKETS

\$25 +GST pp per session

To find out about our organisational rates, please email us at: [info@hush.org.au](mailto:info@hush.org.au)

**8AM - 9AM**    **SESSION 1: KINDNESS IN PRACTICE, IN POLICY, AND WITHIN A PANDEMIC.**

**WITH SCOTLAND'S RENOWNED SOCIAL RESEARCHER, SIMON ANDERSON**

The pandemic has provided countless examples of how small acts of everyday support can help to render life 'liveable' for many in our community. Politicians, meanwhile, have urged us all to check in on neighbours and practice 'random acts of kindness'.

Reflecting on his prominent qualitative research into the infrastructure of kindness, and subsequent conceptual work, Scotland's social research expert Simon Anderson will explore these themes, as he takes us through the implications of kindness in practice, in policy and within a pandemic.

**This session will include interactive Q&A.**

### ABOUT SIMON

Simon is a sociologist and applied social researcher, based in Scotland. Together with Dr Julie Brownlie, he has been exploring the issue of kindness for several years, both conceptually and empirically.

From 2003 until 2014, Simon was director of the Scottish Centre for Social Research (ScotCen) and has also worked in academia, central government and the private sector. For the past 6 years, he has been an independent research consultant. He is also an Honorary Fellow in the School of Social and Political Science at Edinburgh University.

**This year's Gathering of Kindness is proudly supported by:**



# #Kindnessworkshere

9.30 - 10.30AM      **SESSION 2: AN EXPLORATION OF WISDOM AND STYLES OF LEADERSHIP**

**WITH EXPERT GUEST DR CHRIS TURNER, FOUNDER OF CIVILITY SAVES LIVES (LONDON)**

*"We are all stressed right now. It can be tempting to jump to conclusions about the motivation of others when they may have behaved poorly. However, all staff keeping society/healthcare going have made a deliberate decision to help - they are, by definition, good people." @civilitysaveslives*

Join internationally renowned speaker Chris Turner, as he explores the notion of wisdom, different styles of leadership, while also reflecting on the work of the Civility Saves Lives movement.

**This session will include interactive Q&A.**

## **ABOUT CHRIS**

Founder of the Civility Saves Lives movement - which is led by healthcare professionals aiming to raise awareness of the power of civility in medicine - Chris Turner is also a consultant in emergency medicine, working in UHCW, a major trauma centre in the West Midlands.

11AM - 12.00PM      **SESSION 3: RESILIENCE AT A TIME LIKE NOW, AND WHAT'S NEXT FOR HEALTHCARE?**

**FEATURING AN EXPERT GUEST PANEL, WITH AN INTERACTIVE Q&A**

*"Unless someone like you cares a whole awful lot, nothing is going to get better. It's not!" – The Lorax (Dr Seuss)*

**Resilience.** A word thrown around a lot right now, but what does it really mean? And who's responsible for our resilience in the healthcare setting? Hear from an expert panel as together they consider the role that individuals, teams and organisations all play in the building of resilience – especially during a time like Covid, and beyond.

## **OUR EXPERT PANEL**

**Julia Harper**, CEO, the College of Intensive Care Medicine

**David Clarke**, CEO, the Australian Institute of Health and Safety

**Dr Carmel Crock**, Director of Emergency Medicine, The Royal Victorian Eye and Ear Hospital

**Facilitated by Sharee Johnson**, Psychologist and Executive Coach, and Founder of Coaching for Doctors.