

Gathering of Kindness 2021
Community
Online Event Program

Please note, ticket holders can watch live and also access recordings any time after the initial screening.

TUESDAY 9 NOVEMBER 2021
8AM - 9AM AEDT

INTERNATIONAL GRAND ROUND: KINDNESS ACROSS THE WORLD

This session brings together experts in Kindness from across the globe, talking about their restorative and important work. Panel is followed by a **live Q&A**.

GUEST SPEAKERS

- **Dr Bob Klaber**, Consultant Paediatrician and Director of Strategy, Research and Innovation, Imperial College Healthcare NHS Trust, London; founder of A Conversation for Kindness in Health and Care
- **Suzie Bailey**, Director of Leadership and Organisational Development, The King's Fund, London
- **Sue Robins**, Author and Patient Storyteller, Canada
- **Facilitated by Professor Michael West CBE**, Visiting Senior Fellow, Leadership and Organisational Development, The King's Fund; Author, Compassionate Leadership.

WEDNESDAY 10 NOVEMBER
10.30AM - 11.30AM AEDT

THE KINDNESS REVOLUTION: AN INTERVIEW WITH BESTSELLING AUTHOR, HUGH MACKAY

Social psychologist, researcher, and bestselling author Hugh Mackay shares with us reflections on his latest book, The Kindness Revolution: How we can restore hope, rebuild trust and inspire optimism. Interview is followed by a **live Q&A**.

GUEST SPEAKERS

- **Hugh Mackay AO FAPS**, Social Psychologist, Researcher and Author, The Kindness Revolution: How we can restore hope, rebuild trust and inspire optimism
- **Professor Catherine Crock AM**, Chair of the Hush Foundation; Physician, Royal Children's Hospital, Melbourne.

TUESDAY 9 NOVEMBER 2021
9.30AM - 10.30AM AEDT

WELLBEING ROUNDTABLE CONVERSATION: THE SELF CARE CONUNDRUM

Do you find self-care challenging, confusing or complex? You're not alone. Many find it difficult to put themselves first. In this roundtable conversation, our guest speakers tackle the self-care conundrum that many in health and aged care face. Panel is followed by a **live Q&A**.

GUEST SPEAKERS

- **Professor Jayashri Kulkarni AM**, Professor of Psychiatry and Director, Monash Alfred Psychiatry research centre (MAPrc)
- **Dr Kieran Allen**, Psychiatry Registrar Monash Health, Melbourne; Founding Executive Member, Hand-n-Hand Peer Support
- **Dr Lorraine Dickey**, Founder and CEO of the Narrative Initiative LLC, and Gathering of Kindness USA.
- **Facilitated by Sharee Johnson**, Psychologist and Executive Coach; Owner, Coaching for Doctors.

THURSDAY 11 NOVEMBER
3.30PM - 4.30PM AEDT

WE NEED TO TALK ABOUT US: A MEDICAL PERSPECTIVE

A panel of vibrant and vital perspectives in healthcare, discussing the difficulties faced by doctors-in-training and medical students, and opportunities for change. Panel is followed by a **live Q&A**

GUEST SPEAKERS

- **Dr Benjamin Veness**, Child and Adolescent Psychiatry Registrar, Royal Children's Hospital, Melbourne.
- **Sophie Keen**, Outgoing President, Australian Medical Students' Association
- **Dr Caitlin Weston**, Non-Executive Director, Doctors Health Service Pty Ltd; GP Registrar, GP Synergy.
- **Facilitated by Dr Eric Levi**, Specialist Otolaryngologist, Head and Neck Surgeon, St Vincent's Hospital, Melbourne and Royal Children's Hospital, Melbourne.

Proudly brought to you by:



gatheringofkindness.org/2021

CONTACT US

Email info@hush.org.au
and join our mailing list.